

Type 1 Diabetes Coping Skills Group Interest

Children with Type 1 Diabetes have a lot to manage everyday. They can feel angry, resentful, overwhelmed, stressed, embarrassed or alone. As the parent of an 8 year old with Type 1 and elementary school psychologist I have been thinking for a while that a group for children who have this diagnosis may help your child understand and cope with these feelings. I asked about this for Emily when she was diagnosed but did not find anything available. There are a lot of resources for Diabetes care and management, parent support groups and the wonderful Camp KUDOS. The kids leave that experience so excited and energized after to being together. The group will likely be 6 sessions at a central Charlotte location for 45 minutes. I am not able to offer the group for free but I do want to keep the cost reasonable (\$90 per child). As I am offering this group for the first time I may have to make adjustments for future sessions. I would like to offer this group for the first time this summer. The group size will be limited to 8 children. Age range will likely be targeted for ages 6-12 but this depends on interest. Email me at awichman@bellsouth.net the following information if interested by June 17th to be considered for the 1st session:

Child's Name:		Parents:	
When diagnosed?		Age/Gender:	
Telephone:		Email:	
Address:			

What would you or your child like to learn in this group?

Please list the days of the week and best times for a group: