

JDRF outreach e-newsletter

June 2009

The Charlotte Chapter Outreach Program is pleased to bring you the 18th edition of the Outreach E-Newsletter. This emailed publication is distributed every six weeks and includes regular updates on local Outreach events as well as information from the JDRF National office. We hope you will find it resourceful!

DESIGN YOUR OWN JDRF FUNNY CAR CONTEST!

For the second year, Ford Customer Service Division (FCSD) and NHRA Nitro Driver, Bob Tasca III, are offering one lucky JDRF child the creative chance-of-a-lifetime, to design their own Shelby Mustang Drag Racing Funny Car to be driven in the US Nationals Race in Charlotte!

JDRF kids have until June 30th to submit their own funny car design using the provided documents (car body and hood). All eligible design entries need to be mailed to Ford, postmarked by Tuesday, June 30, 2009.

All entries will be entered into the Second Annual Ford-hosted Design Your Own JDRF Funny Car online design contest found at www.jdrf.org/ford. Family, friends and all visitors will be encouraged to make donations in support of their favorite designs. The top five designs receiving the highest bid totals will be provided to Ford to select the final winner! Go to www.jdrf.org/ford and click on *Official Rules & Guidelines for contest details*.

The Charlotte Chapter will receive \$1,000 from Ford if we receive 10 Funny Car Designs by the June 30 deadline. All funds raised through the contest will come directly back to our Chapter and can be credited to your family walk team for the 2010 Walk!

The winning child and their parents will travel to Charlotte in September to meet Ford driver, Bob Tasca III and the entire race team, be a part of the public unveiling of their race car design at the NHRA Nationals Race and attend Friday qualifying as the guest of the FCSD team.

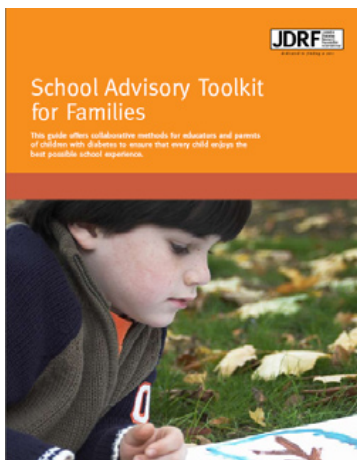
Download an application at www.jdrf.org/ford!

DESIGN YOUR OWN JDRF FUNNY CAR CONTEST!



BACK BY POPULAR DEMAND!

JDRF SCHOOL ADVISORY TOOLKITS AVAILABLE



JDRF held the annual Back to School Basics meeting for parents of children with diabetes in May this year to give parents ample time to prepare for the 2009-2010 school year.

Many thanks to our guest speakers, Dr. Mark Vanderwel, Amy Wichman, Scott Frattaroli and Nancy Langenfeld, as well as our event sponsors: Animas, Accu-Chek, Medtronic, Novo-Nordisk, OmniPod, and Sanofi-Aventis.

If you were unable to attend and would like a copy of the materials that were distributed (including JDRF's School Advisory Toolkit), please contact the Charlotte Chapter at bjohnston@jdrf.org or call 704.561.0828.

To download a copy of the Diabetes Care Plan for CMS students, go to www.cms/k12.nc.us and type in "diabetes care plan" in the search field.

Parents of CMS students should download the Diabetes Care Plan form and prepare it for your doctor's signature before your next office visit this summer.

JDRF ANNUAL DINNER IS ON JUNE 15TH

JDRF's Annual Dinner and Research Update will be held on Monday, June 15, 2009, at the Charlotte Marriott SouthPark. JDRF families are invited to attend the event and hear from Dr. Paul Strumph, Vice President of Medical Affairs and Chief Medical Officer of JDRFI, about "JDRF's Clinical Development Initiatives." The Reception will begin at 6:00 p.m., followed by dinner, Chapter awards and the research update. **RSVP to JDRF at charlotte@jdrf.org or call 704.561.0828 by June 12th.**

UPCOMING SUPPORT GROUP MEETINGS

ROCK HILL SUPPORT GROUP: Parents and children are invited to a summer fun meeting on **Tuesday, June 16th at 11a.m.** at Manchester Park in Rock Hill. Adults will meet in the picnic area (covered part) while kids play. Feel free to bring your lunch and stay a while! RSVP to Jennifer Munn at 803.327.4897 or jmun4@yahoo.com.

PUMPERS SUPPER CLUB: The group will have a Pot Luck get-together on **Saturday, June 27th at 6 p.m.** RSVP by June 21st to Laurie Coates at lcoates124@yahoo.com for meeting details.

NORTH CHARLOTTE/CONCORD: The North Charlotte / Concord Support Group will hold its' next meeting in conjunction with NorthEast Pediatric Endocrinology in Concord on **Thursday, July 9th from 6:30 to 8 p.m.** at the Pediatric Pavilion at CMC-NE (please note the date change from the original schedule). Email bjohnston@jdrf.org or call 704.561.0828 to RSVP or to be added to the mailing list for future meetings.

HICKORY SUPPORT GROUP: The Diabetes Center at Frye Regional Medical Center will hold the next support group meeting on **Thursday, July 9th at 6 p.m.** in the Frye Education classroom. RSVP to Gaye Barnett at 828-315-3675.

NEW ADULT TYPE 1 GROUP: The next Adult Type 1 meeting will be held on **Thursday, June 25th from 5:30 to 7:30 p.m.** at The Cornwell Center at Myers Park Baptist Church. Tony George, former NFL player, personal trainer and adult type 1, will lead an educational, interactive fitness meeting for adults with type 1 diabetes. Attendees should wear comfortable exercise clothes and tennis shoes. If you or someone you know is interested in being added to the mailing list, or to RSVP, contact Brenning Johnston at bjohnston@jdrf.org or call 704.561.0828.

For information on other support groups in the Charlotte Chapter area, go to www.jdrf.org/charlotte and click on resources.

JDRF LAUNCHES NEW WEBSITE FOR TEENS AND YOUNG ADULTS: JUVENATION



Juvenation is a social networking website created by JDRF especially for people with type 1 diabetes. JDRF recognizes the critical importance of ongoing peer-to-peer support for people with diabetes, so we've created various online programs to facilitate such support. When you register with Juvenation, you can create a profile, participate in online discussion groups and forums, create and comment on blogs, upload videos, and more. Juvenation is the place to share your thoughts, concerns and tips about living with diabetes, educate yourself about new gadgets and technologies, and just have fun meeting others like you who are living with type 1 diabetes. Juvenation is open to anyone over the age of 13. If you are under 13 and looking to connect with kids your age with diabetes, check out JDRF's Pen Pals site. If you have a specific question or request for a JDRF volunteer, please contact our Online Diabetes Support Team by

filling out a request form online. You should get a personal response by email within 48 hours.

Learn more at <http://juvenation.org>.

TYPE 1 DIABETES TRIALNET SCREENINGS

Funded by the National Institutes of Health and supported by JDRF, Type 1 Diabetes TrialNet is an international network of researchers studying the detection, prevention and early treatment of type 1 diabetes. TrialNet is conducting clinical studies for people newly diagnosed with type 1 diabetes (within 100 days). And with a simple blood test, TrialNet may be able to tell whether other family members are at increased risk up to 10 years before symptoms appear. Those found to be at increased risk may be eligible to join research studies that are testing ways to prevent and delay type 1 diabetes.

Family members of people with type 1 diabetes can be screened by TrialNet if they are:

- 1 to 45 years of age and have a brother, sister, child, or parent with type 1 diabetes
- 1 to 20 years of age and have a cousin, aunt, uncle, niece, nephew, half sibling, or grandparent with type 1 diabetes

For more information visit www.DiabetesTrialNet.org or call 1-800-425-8361.



MEDTRONIC UPDATE

As you may have heard, Smiths Medical recently announced their decision to stop selling the Deltec Cozmo insulin pump. In an effort to lend a helping hand to individuals affected by this decision, Medtronic Diabetes has launched the Medtronic Cares Program. For a limited time, the Medtronic Cares Program provides easy access to our Paradigm(r) REAL-Time System.

How It Works: To help offset out-of-pocket expenses, Medtronic will offer a trade-in credit for any in-warranty Deltec pump, as well as the option for patients to work off additional expenses by answering four customer service surveys over a 12-month period.

Eligibility: This promotion is intended to assist in-warranty Deltec insulin pump customers affected by the exit of Smiths Medical from the diabetes market.

Enrollment: For more information on this program, including additional qualification requirements, contact Medtronic on the web at www.MedtronicDiabetes.com/cares. You can also call 1-800 MiniMed (800-646-4633) option 6.

ROCK MY METER

Roche has announced the launch of a new website www.rockmymeter.com, where visitors can create their own mini music video featuring an ACCU-CHEK(R) Aviva blood glucose meter. Once visitors get onto the site, they can begin personalizing the look and feel of the meter by designing a virtual meter skin, picking or creating original music and having it dance. The finished creation displays on a video billboard in a fun and festive environment. Then they can save their creation and place it in a lineup to be voted on by others, as well as send it to their friends.





COPING SKILLS GROUP FOR NEWLY DIAGNOSED CHILDREN

Children with type 1 diabetes have a lot to manage everyday. They can feel angry, resentful, overwhelmed, stressed, embarrassed or alone. As the parent of an 8-year-old with type 1 and an elementary school psychologist, I have been thinking for a while that a group for children who have this diagnosis may help your child understand and cope with these feelings. I asked about this for Emily when she was diagnosed but did not find anything available. There are a lot of resources for diabetes care and management, parent support groups and the wonderful Camp KUDOS. The kids leave that experience so excited and energized after being together. They group will likely be six sessions at a central Charlotte location for 45 minutes. I am not able to offer the group for free but I do want to keep the cost reasonable (\$90 per child). As I am offering this group for the first time, I may have to make adjustments for future sessions. I would like to offer this group for the first time this summer. The group size will be limited to eight children. Age range will likely be targeted for ages 6 - 12, but this depends on interest. **Email me (Amy Wichman) at aewichman@bellsouth.net the following information if interested by June 17th to be considered for the 1st session:**

- child's name
- parents' name
- point of diagnosis
- age / gender
- telephone
- email
- address
- What would you or your child like to learn in this group?
- Please list the days of the week and best times for a group:



Let's Get Personal, A Note From Brenning Johnston, JDRF Outreach Manager

As you have probably heard, I am getting married at the end of the summer and moving to Rocky Mount, North Carolina. I am looking forward to the future, but am very sad about leaving JDRF and all of the sweet families who I worked with!

I was diagnosed with type 1 when I was 15 years old. I always took good care of myself, but I wasn't used to talking about what it is like to have diabetes. Oh, how things change! I have learned so much about diabetes over the last four years (both good and bad). More importantly, I have a deeper understanding of the research that JDRF is funding to help us find a cure. Now I want a cure not only for myself, but for all of the thousands of people I have met through JDRF who are also affected by diabetes. It has been a truly rewarding experience to get to know so many children, teenagers and adults living with type 1, and I wish you all nothing but the best!

I hope you will continue to stay involved with JDRF so we can "find a cure, fast!" I am planning to volunteer for the Raleigh Chapter when I move and will be sure to stay in touch with the Charlotte Chapter.

Thank you again for such a wonderful four years of working together to help JDRF find a cure!

*Sincerely,
Brenning*

To learn more about Outreach opportunities within the JDRF Charlotte Chapter, contact Brenning Johnston at bjohnston@jdrf.org or call 704.561.0828.



dedicated to finding a cure

Thank you for supporting JDRF!