

# JARED ALLEN KNOWN FOR HIS "SACKS" ON & OFF THE FIELD



By: Megan Connor

Kansas City Chiefs DE Jared Allen has had many milestones in his young NFL career. Typically, his watershed moments have involved clutching the opposing quarterback and hurling him to the turf for a sack. However, the third-year pro that Coach Edwards recently referred to as a "wild horse rider" for his unbridled passion on the field will tell you that the landmark encounter of his life came early in his rookie season. That's when he had the opportunity to meet a young boy named Jed that was dealing with type 1 diabetes. After learning of Jed's daily routine, which included taking numerous shots of insulin and poking his finger 4-10 times a day, Jared actively sought for a way to help. Attacking this mission with the same fervor which he performs on Sunday's, he soon became involved with the Juvenile Diabetes Research Foundation (JDRF)



Since that time, he has undoubtedly made his mark with metro-area youth dealing with diabetes. Jared has served as the Kansas City Chapter's Celebrity Chair for the "Walk to Cure Diabetes" while regularly attending JDRF sponsored community events and programs. Through his affiliation with the Chapter, Jared has made a huge impact in the lives of hundreds of children that have diabetes. In fact, since his

involvement with JDRF began, Jared has donated and helped to raise nearly \$100,000. It is his continued support that keeps these kids encouraged that a cure is on the way.

Jared is a mentor and role model who continues motivates the children living with juvenile diabetes to never give up and always believe in themselves. Thanks to his youthful spirit, he has always found a way to put "his kids" first. No matter the task at hand, Jared goes above and beyond to collect donations for kids living with juvenile diabetes. He not only raises money for JDRF, but gives his own money. He is even a member of the Chapter's Bergman Circle of Giving, a designation for annual donors of \$10,000 or more.

One of the ways this 6-6, 270-pound Idaho State alum is helping to raise funds is to again team with JDRF to tackle diabetes. Jared has formed a club to raise money in hopes of finding a cure for juvenile (type 1) diabetes. The program is appropriately entitled the "Sack Diabetes Club." Each membership includes a Sack Diabetes T-shirt, a Cure Diabetes bracelet, and an action photo of Jared for only \$20. **Anyone can join by visiting [www.sackdiabetes.com](http://www.sackdiabetes.com).**

Many professional athletes in Kansas City and throughout the NFL have become involved in charities. This normally occurs when the athlete in question is affected themselves or when a family member is touched. And while that isn't the case with Jared, he will tell you without hesitation that he has a connection with each and every one of the kids with which he works. In his mind, they are all part of his extended family.

## CHIEFS Community Calendar

December 10:  
Chiefs vs Ravens  
Toys For Tots Game

December 12:  
Chiefs Out For  
Blood Day  
888-647-4040

The Chiefs have some exciting events on tap this season. If you'd like to know more information about the following events, check [kcchiefs.com](http://kcchiefs.com) or call that event's contact hotline.

