

EVENT SCHEDULE

8:45 am **Registration Opens**

9 – 10 am **Exhibitor Fair**

10 – 10:45 am **Morning Keynote: “My Artificial Pancreas Experience” with Kady Helme**

This keynote presentation by Kady Helme will include her firsthand experience as one of the first people to participate in the artificial pancreas human clinical trial. Having lived with the device off and on for nearly a year, Kady will share her feedback about what this life changing technology is like, and will also share the JDRF Mission Message of other research advances toward a cure.

BREAKOUT SESSIONS

11 am – 12 pm

ADVANCED PUMP MANAGEMENT

There's a big difference between using an insulin pump and excelling with an insulin pump. Hear from author Gary Scheiner as he explores several key aspects of succeeding with insulin pump therapy.

TALKING T1D & TRANSITIONS

Panelists share lessons on how type one teens can transition to adult care, communicate about their diabetes to others, and manage relationships and new social groups.

DIABETES: IT'S NOT ROCKET SCIENCE

Hear an inspirational featured presentation from NASA scientist Ernesto Prado as he shares his story of overcoming diabetes burnout to gain control of his T1D in order to pursue and achieve his dream job.

PSYCHOLOGY OF DIABETES

Panelists, including psychologists Dr. Todd Walker and Dr. Sarah Phillips and author Moira McCarthy Stanford, will delve into the various psychological components of living with T1D and discuss methods to relieve emotional distress and develop healthful behaviors for better T1D management.

2 pm – 3 pm

T1D ADVOCACY

Award winning reporter and author of "Raising Teens with Diabetes" Moira McCarthy Stanford will present a featured session about how to advocate for your T1D child's needs in school and beyond.

DELICIOUSLY DIABETIC

Nationally known food blogger, and person with type 1 diabetes, Laura Gee will share her secrets to fueling an active lifestyle with T1D including school, sports and travel, as well as how to balance nutrition with diabetes.

DIABETES 101

This session is designed specifically for those with a recent (in the prior year) T1D diagnosis, or those needing a refresher. Featuring a panel of diabetes medical professionals, this session will contain topics include meal planning, carb counting, monitoring blood sugar, managing sick days with diabetes, and others.

DIABETES 201

Hear about the newest in T1D tech, as well as the progress of research toward a cure. Panelists will also share tips and tricks learned over years of experience with managing diabetes.

3:15 pm – 4:15 pm

D-MOMS & DADS

This panel of seasoned D-moms and dads will share their experiences, advice about topics such as sleepovers, 504 plans, school nurses, at-school safety, and more.

REAL TALK WITH DR. HEILE

This candid discussion is led by T1D and physician Dr. Mike Heile and is open exclusively to people with T1D who are between the ages of 16 and 22. This open discussion will include how to be responsible in managing diabetes, particularly within real-life social situations.

HIGH PERFORMANCE T1D

A panel of T1D athletes, including Will Cross and Cincinnati Reds All Star Adam Duvall, will discuss their experiences managing diabetes while performing in high pressure, elite athletic environments.

THINK LIKE A PANCREAS

This featured presentation is by nationally known author Gary Scheiner who will focus specifically on the day-to-day issues facing people with T1D and provide tools to “think like a pancreas”—to successfully master the challenge of matching insulin to the body's ever-changing needs.

Each breakout session has four topic options. When you register online at TypeOneNationSummit.org, please select which one session topic you would like to attend during that breakout session.

12 pm – 1:45 pm **Afternoon Keynote: “Summiting Diabetes” with Will Cross**
(Lunch served & Exhibitor Fair)

Imagine the challenge of ascending the highest peaks on all seven continents, walking to both the North and South Poles, and leading expeditions to 15 unmapped, unexplored mountains across the globe. Now imagine doing all of that with type 1 diabetes. Hear an inspirational and motivating keynote by world-renowned mountain climber Will Cross as he talks about how he effectively manages his diabetes in the most extreme conditions. Presentation sponsored by Tandem.

REGISTER ONLINE TODAY AT
TypeOneNationSummit.org