



**13th ANNUAL
BROOKFIELD LIONS – JDRF
STRIDES TO CURE DIABETES 5-MILER
[Certified: USATF CT09003JHP]**

SUNDAY, JUNE 9, 2019 at 9:00 a.m.
CADIGAN PARK
CANDLEWOOD LAKE ROAD
BROOKFIELD, CT 06804

The Brookfield Lions Club and JDRF (Westchester/Fairfield/Hudson Valley Chapter) are proud to co-sponsor this event to promote diabetes awareness and research. Bring the whole family to participate in this flat, fast and scenic 5-mile run, and generously support this charitable fundraising event.

CONTACT INFORMATION: (203) 775-6190; lyonpride@charter.net

REGISTER ONLINE: www.active.com (after April 1, 2019); additional race applications on: www.greystoneracing.net

REGISTRATION: \$20.00 (postmarked before May 19, 2019); \$25.00 (after May 19, 2019 through race day). Race day check-in opens at 8:00 a.m.

FEATURES: Commemorative technical t-shirts for the first 100 registered runners; post-race raffle (must be present to win); lots of great food, music, and plenty of free parking.

COURSE RECORDS: William Sanders 25:01 (2011)
Sara Belles 31:23 (2009)

RUNNER AGE BRACKETS:

14 and under	30-39	60-69
15-19	40-49	70 and over
20-29	50-59	

RUNNER AWARDS: \$100.00 Cash awards for 1st Place Overall (M/F)
\$50.00 Cash awards for 1st Place 40 and Over (M/F)
Age Bracket medals for 1st, 2nd and 3rd Place (M/F)

SPECIAL AWARD OF \$100.00 TO OVERALL WINNER (M/F) FOR BREAKING THE COURSE RECORD!!

COURSE: THIS 5-MILE CERTIFIED COURSE STARTS AT CADIGAN PARK, HEADING SOUTH ON CANDLEWOOD LAKE ROAD; TURN RIGHT ON CANDLEWOOD SHORES ROAD; TURN RIGHT ON N. LAKESHORE DRIVE; TURN LEFT ON TWILIGHT LANE; TURN RIGHT ON CANDLEWOOD SHORES ROAD; TURN LEFT ON BAYVIEW DRIVE; TURN LEFT ON KELLOGG STREET; TURNAROUND AT HICKORY HILL ROAD STAYING ON KELLOGG STREET; TURN RIGHT ON BAYVIEW DRIVE; TURN LEFT ON CANDLEWOOD SHORES ROAD; TURN RIGHT ON N. LAKESHORE DRIVE; TURN LEFT ON CANDLEWOOD SHORES ROAD; TURN LEFT ON CANDLEWOOD LAKE ROAD; TURN RIGHT INTO CADIGAN PARK TO FINISH. MILE MARKERS AND WATER STATIONS ON THE COURSE.

DIRECTIONS: TAKE I-84 TO EXIT 7 (TOWARD BROOKFIELD/NEW MILFORD); TAKE EXIT 11 (FEDERAL ROAD); AT TRAFFIC LIGHT AT BOTTOM OF EXIT, TURN LEFT; PROCEED STRAIGHT THROUGH 2 SETS OF TRAFFIC LIGHTS, ONTO CANDLEWOOD LAKE ROAD; FOLLOW CANDLEWOOD LAKE ROAD FOR @ 3.5 MILES; CADIGAN PARK IS ON THE RIGHT.

REGISTRATION FORM ON REVERSE

REGISTRATION FORM

PROCEEDS FROM THIS EVENT WILL BE DONATED TO JDRF (WESTCHESTER/FAIRFIELDHUDSON VALLEY CHAPTER) AND TO THE CONNECTICUT LIONS EYE RESEARCH FOUNDATION (Both are 501(c)(3) CHARITABLE ORGANIZATIONS).

Make all checks payable to: "Brookfield Lions Charities, Inc." (\$20.00 before 05/19/19; \$25.00 after 05/19/19)

Mail fee with completed and signed entry form(s) to: Race Director, Brookfield Lions Club
P. O. Box 660, Brookfield, CT 06804

This event is held in cooperation with the Town of Brookfield, the Brookfield Police Department, the Candlewood Shores Tax District and Greystone Electronics Corporation. If my entry is accepted, I release forever all rights for claims and damages I may incur against the Brookfield Lions Club, Inc. (and any of its members), Brookfield Lions Charities, Inc., the Town of Brookfield and any of its employees, JDRF, the Candlewood Shores Tax District, Scalzo Property Management, and Greystone Electronics Corporation for damages suffered by me or others traveling to and from and/or participating in the 13th Annual Strides to Cure Diabetes 5-Miler. Permission is granted to use my name, picture, or videotape or recording for any purpose. I am physically fit and have trained to finish this distance.

Email Address: _____

Name: _____ Date of Birth: _____ Age on Race Day: _____

Street Address: _____ City: _____ State: _____ Zip Code: _____

Telephone Number: _____ Sex: ___ M ___ F Shirt Size (S, M, L or XL): _____

Signature: _____ Date: _____ Amount Enclosed: _____
(Of parent or legal guardian if under 18)

(DETACH HERE)

The 13th Annual Strides to Cure Diabetes 5-Miler is the third event in the Brookfield "Four Seasons Challenge Series." The entire 2019 race calendar includes:

January 1, 2019 32nd Annual New Year's Day Brookfield Lions Run for Sight 4-Miler
(Tuesday) Brookfield High School, Long Meadow Hill Road, Brookfield, CT
11:00 a.m. Start
Contact: Race Director – (203) 775-6190 or lyonpride@charter.net

May 12, 2019 22nd Annual Mother's Day/WeCare 5-K
(Sunday) Brookfield High School, Long Meadow Hill Road, Brookfield, CT
9:00 a.m. Start
Contact: Brookfield Parks & Recreation – (203) 775-7310 or www.brookfieldct.gov/rec

June 9, 2019 13th Annual Brookfield Lions – JDRF Strides to Cure Diabetes 5-Miler
(Sunday) **Certified Course: (USATF CT09003JHP)**
Cadigan Park, Candlewood Lake Road, Brookfield, CT
9:00 a.m. Start
Contact: Race Director – (203) 775-6190 or lyonpride@charter.net

October 27, 2019 28th Annual Brookfield Well Adjusted, LLC 5-K Halloween Run
(Sunday) and 24th Annual Kid's K Fun Run
Certified Course: (USATF CT06013JHP)
Brookfield Municipal Center, Pocono Road, Brookfield, CT
10:00 a.m. Start (Kid's K Fun Run at 9:30 a.m.)
Contact: Brookfield Parks & Recreation – (203) 775-7310 or www.brookfieldct.gov/rec

Runners who register for and complete all four races in the "Four Seasons Challenge Series" will receive a commemorative gift, to be distributed during the awards ceremony at the 2019 Halloween Run.

SPONSORSHIP OPPORTUNITIES: If your business would like to join the many others in the community who support this race with a donation, please contact the Race Director at (203) 775-6190. All sponsors donating monies or prizes valued at \$100 or more can have their business name/logo printed on all runners' t-shirts. Sponsor deadline: May 31, 2019.