

## **TEACHER TOOLKIT**

Thank you for supporting JDRF Greater New York Metro **Schools as One for Type 1 Diabetes** program to benefit type 1 diabetes research. This program is designed to get kids and teens involved in the fight against T1D. We hope the program promotes a feeling of empowerment knowing that everyone is doing something to find a cure for this life-threatening disease.

Schools, clubs, sports teams, and youth groups are encouraged and invited to participate. JDRF will provide educational and fundraising materials in any quantity at no cost. Please review the resources below, choose a combination to implement within your classroom, coaching, or school curriculum, or design your own lessons!

## **Educational Videos & Websites**

- Type 1 Diabetes: What You Need to Know
- T1D Does Not Define Me Video
- JDRF: What is Type 1 Diabetes Cartoon
- JDRF Values: All About JDRF Cartoon
- T1D & JDRF Kids Walk

## Reading Resources & Classroom Activities

- JDRF T1D Dictionary
- JDRF Diabetes 101
- JDRF Recursos en Espanol (resources in Spanish)
- JDRF T1D FAQ
- Disney & Lilly Type 1 Diabetes Bookshelf
- Shia Learn About Insulin
- 24 Hours with T1D Activity
- JDRF Kids Walk Classroom Toolkit

## T1D Resources for Teachers

- How to Support Students with Type 1 Diabetes
- What I want my Teachers to Know About Type 1 Diabetes
- <u>Hyperglycemia</u> vs. <u>Hypoglycemia</u>
- School Resources JDRF
- Downloadable Classroom Posters Beyond Type 1
- School Resources Beyond Type 1