WALK DAY CELEBRATION

TIPS BY: ANNA'S ALL-STARS

#1 Determine what time of day you would like to gather your family and friends for an "at home" Walk Day celebration. It would be great if you can host the celebration on Walk Day, Saturday, October 2.

#2 Plan your walk route—start at your house, a park, or a local spot in your town. Encourage your team to follow this route, or walk their own route—just make sure everyone meets back at your house for a celebration!

#3 Decide on how you want to celebrate! Do you have friends that play in a band that could provide entertainment? Are you providing food/drinks? Don’t forget the decorations—consider using J-D-R-F letter balloons, "I Walk For" walkers bibs, or garden signs that contain facts about T1D! You can even add a photo booth and arts and crafts!

#4 Create an invite and spread the word about your Walk Day Celebration via email, social media, and texts.

#5 Have fun and enjoy the day with your friends and family! Make sure to capture the day with photos and videos and post them on social media using #JDRFOneWalk.

#6 Following your event, you can create a "thank you" video to include in your email, cards, and texts to thank all your donors for their support.