




GREATER WESTERN CAROLINAS



❖ ASHEVILLE ❖ OUTREACH CALENDAR ❖ Winter/Spring 2018 ❖

WNC T1D Adults	<p>September 24, 2017 2:30 pm Salvage Station 468 Riverside Dr, Asheville, NC 28801</p>	<p>Join us and make connections with other adults living with T1D in the Asheville area. Share tips and tricks to staying health and happy while balancing T1D management.</p>	<p>RSVP by September 20, 2017 to Maggie Thomas at maggielthomas@gmail.com or Faith Cook at faithcook@msn.com</p>
<p>JDRF ONE WALK ASHEVILLE</p> 	<p>October 1, 2017 Check in at 1:00 pm Walk starts at 2:00 pm McCormick Field 30 Buchanan Place Asheville, NC 28801</p>	<p>JDRF One Walk has a single goal: creating a world without type 1 diabetes (T1D). We hope you'll join us this year as we walk and raise money for life-changing research for the millions affected by this devastating disease. For more information or to register please visit www.walk.jdrf.org</p>	<p>For more information or to register please visit www.walk.jdrf.org or contact Jamie Gensheimer at jgensheimer@jdrf.org or 864-770-0276</p>
<p>Family Support Network</p>	<p>October 19, 2017 6:30 PM Reuter Outpatient Center 11 Vanderbilt Park Drive Asheville NC 28803</p>	<p>Join us to connect with parents of children living with T1D at this regularly scheduled meeting and learn about management options and tips for families just like yours. At this meet we will focus on strategies to make it through the holidays with all the treats and parties. Bring a covered dish to share!</p>	<p>RSVP by October 16, 2017 to Amanda Wiggins at adwiggins@citcom.net or Anne Sutton at asutton@jdrf.org</p>
WNC T1D Adults	<p>October 29, 2017 TBA</p>	<p>Join us and make connections with other adults living with T1D in the Asheville area. Share tips and tricks to staying healthy and happy while balancing T1D management.</p>	<p>RSVP by October 26, 2017 to Maggie Thomas at maggielthomas@gmail.com or Faith Cook at faithcook@msn.com</p>



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Family Support Network	January 18, 2018 6:30 PM Reuter Outpatient Center 11 Vanderbilt Park Drive Asheville NC 28803	Join us to connect with parents of children living with T1D at this regularly scheduled meeting and learn about management options and tips for families just like yours and how you can get involved in JDRF activities.	RSVP by January 8, 2018 to Amanda Wiggins at adwiggins@citcom.net or Anne Sutton at asutton@jdrf.org.
WNC T1D Adults	January 28, 2018 TBA	Join us and make connections with other adults living with T1D in the Asheville area. Share tips and tricks to staying healthy and happy while balancing T1D management.	RSVP to Maggie Thomas at maggielthomas@gmail.com or Faith Cook at faithcook@msn.com
Family Support Network	February 15, 2018 6:30 PM Reuter Outpatient Center 11 Vanderbilt Park Drive Asheville NC 28803	Join us to connect with parents of children living with T1D at this regularly scheduled meeting and learn about management options and tips for families just like yours and how you can get involved in JDRF activities.	RSVP by February 9, 2018 to Amanda Wiggins at adwiggins@citcom.net or Anne Sutton at asutton@jdrf.org.
WNC T1D Adults	February 25, 2018 TBA	Join us and make connections with other adults living with T1D in the Asheville area. Share tips and tricks to staying healthy and happy while balancing T1D management. Sponsored by	RSVP to Maggie Thomas at maggielthomas@gmail.com or Faith Cook at faithcook@msn.com









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<p>Family Support Network</p>	<p>March 15, 2018 6:30 PM Reuter Outpatient Center 11 Vanderbilt Park Drive Asheville NC 28803</p>	<p>Join us to connect with parents of children living with T1D at this regularly scheduled meeting and learn about management options and tips for families just like yours and how you can get involved in JDRF activities. Sponsored by</p> 	<p>RSVP by March 9, 2018 to Amanda Wiggins at adwiggins@citcom.net or Anne Sutton at asutton@jdrf.org.</p>
<p>WNC T1D Adults</p>	<p>March 25, 2018 TBA</p>	<p>Join us and make connections with other adults living with T1D in the Asheville area. Share tips and tricks to staying healthy and happy while balancing T1D management. Sponsored by</p> 	<p>RSVP to Maggie Thomas at maggielthomas@gmail.com or Faith Cook at faithcook@msn.com</p>
<p>Family Support Network</p>	<p>April 19, 2018 6:30 PM Reuter Outpatient Center 11 Vanderbilt Park Drive Asheville NC 28803</p>	<p>Join us to connect with parents of children living with T1D at this regularly scheduled meeting and learn about management options and tips for families just like yours and how you can get involved in JDRF activities. Sponsored by</p> 	<p>RSVP by March 9, 2018 to Amanda Wiggins at adwiggins@citcom.net or Anne Sutton at asutton@jdrf.org.</p>
<p>WNC T1D Adults</p>	<p>April 29, 2018 TBA</p>	<p>Join us and make connections with other adults living with T1D in the Asheville area. Share tips and tricks to staying healthy and happy while balancing T1D management. Sponsored by</p> 	<p>RSVP to Maggie Thomas at maggielthomas@gmail.com or Faith Cook at faithcook@msn.com</p>



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SUPPORT GROUPS

FAMILY SUPPORT NETWORK

ASHEVILLE, NC

What: Families with children and young adults living with T1D

When: 3rd Thursday of every month

Where: Reuter Outpatient Center, 11 Vanderbilt Park Drive, Asheville, NC 28803

Contact: Anne Sutton at asutton@jdrf.org or Amanda Wiggins at adwiggins@citcom.net

WNC T1D Adults

What: Adults in Western North Carolina living with T1D

When: 4th Sunday of every month

Where: Battery Park Book Exchange, 1 Page Ave #101, Asheville, NC 28801

Contact: Anne Sutton at asutton@jdrf.org or Maggie Thomas at maggielthomas@gmail.com Faith Cook at faithcook@msn.com

FACEBOOK (This is a 'private' group and you will need to request access to the page)

Asheville/WNC T1 Resources