



Teacher Toolkit

Thank you for supporting JDRF Illinois: Powered by Kids, school fundraising program to benefit type 1 diabetes (T1D) research. This program is a way for kids and teens to help make a difference in the fight against T1D. We hope the program promotes a feeling of empowerment knowing that everyone is helping to find a cure for this life- threatening disease.

Schools, clubs, sports teams, and youth groups are encouraged to participate. JDRF will provide all educational and fundraising materials in any quantity and at no cost. Please review our educational resources below, choose a combination of resources to implement within your classroom curriculum, or design your own lessons!

Educational Videos & Websites

- [Type 1 Diabetes: What You Need to Know](#)
- [T1D Does Not Define Me Video](#)
- [JDRF: What is Type 1 Diabetes – Cartoon](#)
- [JDRF Values: All About JDRF – Cartoon](#)
- [T1D & JDRF Kids Walk](#)

Reading Resources & Classroom Activities

- [JDRF T1D Dictionary](#)
- [JDRF T1D101 Fact Sheet](#)
- [Type 1 Diabetes Facts - JDRF](#)
- [Disney & Lilly Type 1 Diabetes Bookshelf](#)
- [Shia Learn About Insulin](#)
- [24 Hours with T1D Activity](#)
- [JDRF Kids Walk Classroom Toolkit](#)
- [Carb Counting Guide](#)

T1D Resources for Teachers

- [How to Support Students with Type 1 Diabetes](#)
- [What I Want My Teachers to Know About Type 1 Diabetes](#)
- [Hyperglycemia v Hypoglycemia](#)
- [School Resources – JDRF](#)
- [Downloadable Classroom Posters – Beyond Type 1](#)
- [School Resources – Beyond Type 1](#)