



# JDRF TypeOneNation Virtual Summit

## Living Without Limits

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**Virtual Doors Open at 10:50 am (CT)**

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11:00 - 11:45 am (CT)

### WELCOME

#### **T1D, Mental Health, and COVID Life: It's Ok to Not Be Ok**

Lauren Cox, WNBA Player for the Indiana Fever & JDRF Ambassador and Thom Solo, couture designer & CEO of Thom Solo Shoes, and other special guests!

11:45 - 12:15 pm

### BREAKOUT SESSIONS

#### **Family Conflict and Diabetes: Considerations and Strategies for Arguing Less**

Dr. Laura Levin, D.O. and Dr. Anthony Vesco, Ph.D., Lurie's Children's Hospital of Chicago

#### **From Carb Counting to Keto: Navigating Nutrition with Type One**

Catherine McManus, Ph.D., R.D.N., L.D., Case Western Reserve University

#### **The Over the Hill Gang: Growing Older with T1D & the Joslin Diabetes Center 50 Year Medalist Studies**

George King, M.D., Joslin Diabetes Center

Chris Stiehl, Jack Griswold, David Winkler, Felise Levine, and Joslin Medalists

#### **Global Project**

Tom Robinson, JDRF Australia

#### **Achieving Independence at College & Beyond**

College Diabetes Network

#### **Emotional Health & Diabetes Distress, Presented in Spanish**

Erika Backhoff, Mexican Diabetes Association

12:15 - 12:45 pm

### RESEARCH KEYNOTES

#### **Accelerating Progress: JDRF Research Strategy**

Sanjoy Dutta, Ph.D., JDRF

#### **Realizing Cures for T1D**

Esther Latres, Ph.D., JDRF

#### **Improving Lives Through Drugs and Devices**

Jonathan Rosen, Ph.D., JDRF

#### **Clinical Trials and You**

Frank Martin, Ph.D., JDRF and Alecia Wesner, JDRF Volunteer

12:45 - 1:15 pm

### BREAKOUT SESSIONS

#### **COVID-19, Vaccines & T1D**

Justin Gregory, M.D., MSCI, Monroe Carell Jr. Children's Hospital at Vanderbilt

12:45 - 1:15 pm

## **BREAKOUT SESSIONS**

### **Teens and T1D: Celebrating Successes and Overcoming Challenges**

Sheela Magge, M.D., MSCE, Johns Hopkins University School of Medicine

Risa Wolf, M.D., Johns Hopkins University School of Medicine

Kristin Arcara, M.D., Johns Hopkins Hospital

Maggie West, B.S.N., R.N., CDCES, Johns Hopkins Pediatric Diabetes Center

Meg Snyder, PsyD, Johns Hopkins Pediatric Diabetes Center

### **Reimagining Mental Health Treatment for People with T1D**

Mark Heyman, Ph.D., Center for Diabetes & Mental Health

### **An International View of T1D: Conversations with JDRF Affiliates**

Mike Wilson, JDRF Australia

Dave Prowten & Sarah Linklater, JDRF Canada

JDRF Israel

JDRF Netherlands

Hilary Nathan, JDRF United Kingdom

### **The Latest Buzz: T1D Advocacy Hot Topics**

Carla Falasco, Marjana Marinac, Niels Knutson & Aaron Turner-Phifer, JDRF

### **Hardships & Milestones: Getting Real with T1D**

Tiana Cooks, Beyond Type 1

Ali Abdulkareem, Corinne Watne and Crystal Hall, T1D community members

### **COVID-19 Vaccines & T1D, Presented in Spanish**

Carlos Antillón, M.D., ABC Santa Fe Medical Center and Hospital Espanol

1:15 -1:45 pm

## **T1D TECHNOLOGY & MANAGEMENT SESSIONS**

### **Identifying and Overcoming Barriers to Technology Access for patients with T1D**

Osagie Ebekoziem, M.D., MPH, CPHQ, T1D Exchange

Shereef Elnahal, M.D., University Hospital in Newark

Anne Peters, M.D., University of Southern California

Nana-Hawa Yayah Jones, M.D., Cincinnati Children's Hospital

### **Time in Range: Effective Use of CGM Data**

Anders Carlson, M.D., & Amy Criegoe, M.D., International Diabetes Center

### **T1D Product Showcases**

1:45 - 2:00 pm

## **CLOSING REMARKS**

2:00 - 2:30 pm

## **ILLINOIS CHAPTER ZOOM PROGRAM**

Illinois Chapter Update with Mimi K. Crabtree, Executive Director

A T1D Story: Eva Rubin, University of Illinois Basketball Star

Research and Clinical Trials in Illinois

Becoming a JDRF Advocate

Illinois Update on Walk and Gala