

With gratitude from

JDRF IMPROVING LIVES. CURING TYPE 1 DIABETES.

LIFE IS LIKE RIDING A BICYCLE. TO KEEP YOUR BALANCE, YOU MUST KEEP MOVING. – ALBERT EINSTEIN

No statement could be more indicative of the Mid-Atlantic's 2022 JDRF Ride to Cure riders than this.



This year, many of you returned to, or joined, the Ride program for a sense of balance and normalcy. You rode for yourself and you rode for loved ones living with type 1 diabetes (T1D). Driven by the desire to support research or to support your T1D community, you were steadfast with your forward motion. Thank you for your passion, commitment, and determination.

We are grateful for all 55 of our Chapter riders who participated in the six rides across the country from June to December; you are the heart and soul of this program. **Together you raised a record-breaking \$387,562 for T1D research.** Our coaches – Matthew, Lisa, James and Maggie – provided invaluable leadership and guidance. Thank you for keeping our riders safe on the roads during training and on Ride weekend. We are grateful to each of you for taking many hours away from family to support your fellow teammates. To our largest corporate team, Chesapeake Community Advisors (CCA), who ride in honor of their late colleague Ben Etheridge, his late son Trevor, and the Etheridge Family – thank you for carrying on Ben's legacy of creating a world without T1D and for hosting an inspirational golf tournament that exceeded all expectations, raising more than \$126,000 for the Ride program. And to our volunteers, who traveled across the country to support Chapter riders and the National Ride Team with registration, organization, and hydration, along with an abundance of cheers and well-wishes along the 100-mile route, thank you. Your selflessness was the fuel that each of our riders needed to complete their journey.

In the pages to follow, you will find a full summary of this year's Rides and photos from each of the events. We hope you will enjoy this synopsis of your success and look ahead to all that we can accomplish in 2023.

Thank you,

The Mid-Atlantic Chapter Staff

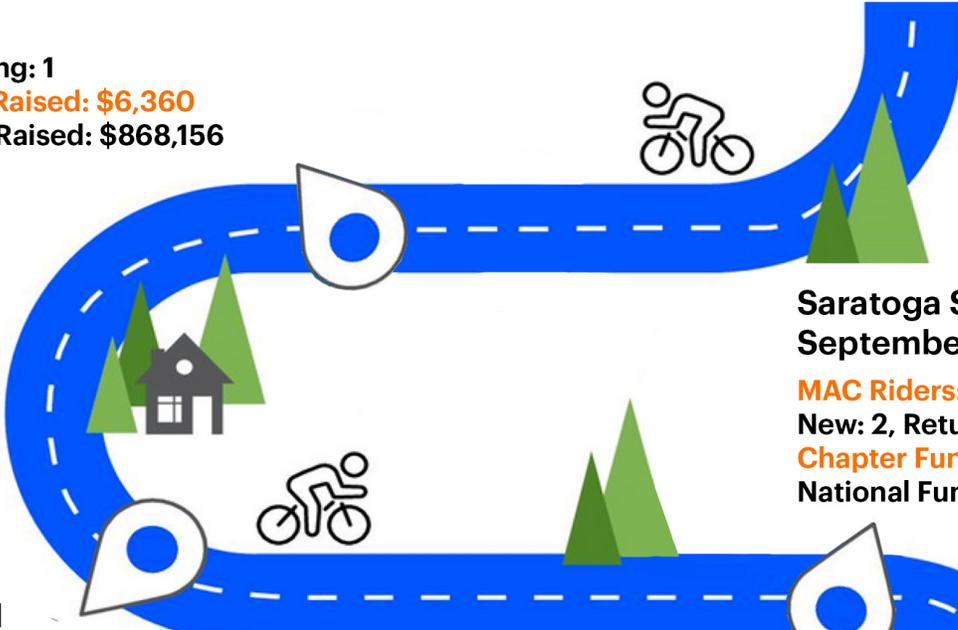
Your Impact

Total Mid-Atlantic Chapter (MAC) Riders: 55
Total Raised by MAC Riders: \$387,562

Total Participants Nationwide: ~1520
Total Raised Nationwide: \$9,066,545

Grand Rapids, MI
June 9 - 12, 2022

MAC Riders: 1
New: 0, Returning: 1
Chapter Funds Raised: \$6,360
National Funds Raised: \$868,156



Saratoga Springs, NY
September 8 - 11, 2022

MAC Riders: 13
New: 2, Returning: 11
Chapter Funds Raised: \$66,739
National Funds Raised: \$1,089,663

La Crosse, WI
August 11 - 14, 2022

MAC Riders: 13
New: 2, Returning: 11
Chapter Funds Raised: \$77,381
National Funds Raised: \$2,105,112

Death Valley, CA
October 13 - 16, 2022

MAC Riders: 1
New: 0, Returning: 1
Chapter Funds Raised: \$12,298
National Funds Raised: \$1,316,629



Tucson, AZ
November 17 - 20, 2022

MAC Riders: 9
New: 4, Returning: 5
Chapter Funds Raised: \$52,708
National Funds Raised: \$821,952

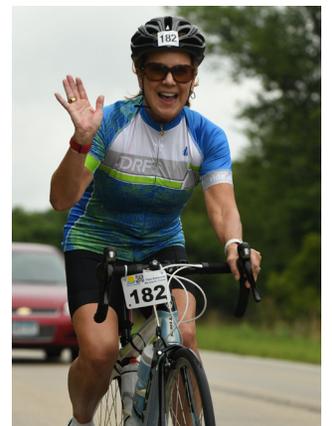


Amelia Island, FL
December 1 - 4, 2022

MAC Riders: 15
New: 5, Returning: 10
Chapter Funds Raised: \$171,676
National Funds Raised: \$2,535,231

Our Riders are All In!

For many of you, riding is only one of the ways you contribute to JDRF. We are so grateful to have so many supporters who are "all in" – participating on boards, committees, in community outreach, advocacy, at galas, and in the One Walk.





Thank you to **Chesapeake Community Advisors (CCA)** and their partners for hosting the Ben's Friends Golf Tournament on November 2, 2022, in memory of their colleague Ben Etheridge. Twelve years ago, Ben sponsored his first golf tournament for JDRF in honor of his twins, Megan and Trevor, both living with T1D. Over the years, Ben raised more than \$1 million dollars to support life-changing research and advocacy, inspiring

many others to help transform the lives of the nearly 2 million children and adults living with the disease.

Ben's colleagues began spearheading the tournament after his passing in 2018, and returned to an in-person event this year, months after Ben's son Trevor passed away from cancer.



Special Thanks



Chesapeake
Community Advisors

CCA's dedication to the Etheridge Family, Ben's legacy, and his commitment to finding a cure was evident once again this year. More than 90 players joined CCA's leadership at the Mountain Branch Golf Club in Joppa, MD, and raised over \$126,000, exceeding their \$100,000 goal and their annual record. Ben's colleagues that joined the Amelia Island Ride to Cure raised an additional \$45,000, bringing CCA's total gift to \$171,000! Thank you to riders Dave Prout, Bill Curran, Vicki Vaughn, and Dan Mendelson, as well as Becky Poole, for their ongoing leadership and support.

Looking Forward

Ready to ride again? Five in-person JDRF Rides are scheduled for 2023!

Registration opens on Wednesday, January 18, 2023 at 12 p.m.

Join the Mid-Atlantic Ride Committee!

We are looking for individuals interested in joining the 2023 Ride Committee to help participants prepare for the ride, reach fundraising goals, and have a memorable ride-day experience. Please reach out to Danielle Cohen, dcohen@jdrf.org or (804)399-0800, for more information.

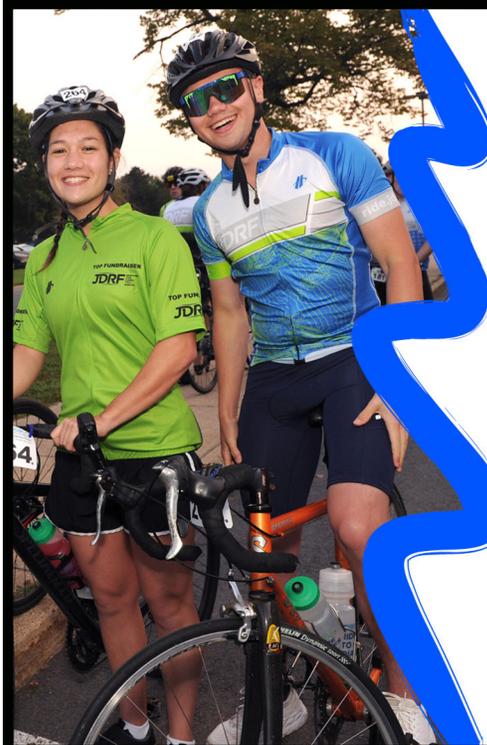
Please Note

Lodging packages are returning to double occupancy accommodations for applicable packages. You can request your roommate via Cvent. Each venue will have limited opportunities to buy out the room for private accommodations

If you are planning to ride in La Crosse at the Ride Experience level (\$2,000, lodging not included), book your hotel room NOW! The local hotels are already starting to fill up fast as Irish Fest also happens the same weekend as Ride. Here are a couple of hotel options:

- The Radisson Hotel – Adjacent to the La Crosse Center & one of our host hotels
- Holiday Inn & Suites – Across from the La Crosse Center & another host hotel
- Home2 Suites by Hilton – 2 minute walk from the La Crosse Center
- Grandstay – 0.5 mi from La Crosse Center, about 10 min walk. Note: Closeto Irish Fest, may be loud.
- The Charmant – 4 minute walk from La Crosse Center

As always, we anticipate Death Valley selling out, register early.



Ride with Us in 2023
JDRF Ride to Cure Diabetes

Burlington, VT
July 27-30

La Crosse, WI
August 10-13

Grand Rapids, MI
September 7-10

Death Valley, CA
October 12-15

Amelia Island, FL
Nov 30-Dec 3

JDRF My Ride
Your ride, your way,
your day!

ride.jdrf.org
[#JDRFRide](https://twitter.com/JDRFRide)

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