National Diabetes Awareness Month Calendar of Events

November 1: T1D Day

T1D Day, designed to raise type 1 diabetes awareness, kicks off November and National Diabetes Awareness Month.

November 3: Toddlers with T1D meet-up

Asylum Sports Center, Wall Township, NJ

Parenting a toddler with type 1 diabetes brings with it a unique set of challenges. This gathering is intended for families with young children (from birth to age five) and their siblings to share life experiences with T1D.

November 4: One Dream Gala Kickoff Dinner

Havana Central, Edison, NJ

One Dream Gala Champions are invited to join us for our first volunteer meeting to kick off planning for our 2020 event. If you're interested in supporting the Gala team as a volunteer, reach out to Sandy Hilsenrath for more information.

November 5: Cheers to our Heroes Committee Call

Our Cheers to our Heroes committee will begin planning our 3rd annual beer and wine tasting event in Monmouth County. If you're interested in learning more about Cheers to our Heroes or volunteering to make this event even bigger and better, please reach out to Emily Miller.

November 6: CentraState Health Fair

CentraState, Freehold, NJ

Join CentraState for Sweet Success and discover how bringing more balance into your life enhances health and helps prevent (type 2 diabetes) or manage diabetes. There will be a vendor fair and lectures relevant to the diabetes community, including a talk on "Navigating Your Health Insurance", presented by Outreach Coordinator Gretchen Van Mater.

November 10: Guest Bartending Night

Growler & Gill, Nanuet, NY

Join our Rockland County Advisory Counsel during National Diabetes Awareness Month for the second annual Growler & Gill Guest Bartending Night!

November 11: Type 1 Diabetes: Hope for Today and Promise for Tomorrow

St. Peter's University Hospital, New Brunswick

In recognition of National Diabetes Awareness Month, Saint Peter's Thyroid and Diabetes Center, together with JDRF, invite you to join us for a research update presented by Dr. Sanjoy Dutta, Vice President of Research at JDRF.

November 12: Cocktails for a Cure

Open Road Mercedes Benz, Bridgewater

Business and community leaders will join JDRF and Open Road Auto Group for an intimate cocktail event in honor of National Diabetes Awareness Month. For more information on this event, hosted by our One Dream Gala Chairs Ruthi Byrne and Bob Garrett, please contact Emily Miller.



November 12: St. Peter's University Hospital hosts Sanjoy Dutta

JDRF's Vice President of Research Sanjoy Dutta joins the clinical team at St. Peter's for grand rounds. This is not open to the public.

November 14: World Diabetes Day

How will you celebrate and raise awareness on World Diabetes Day? Tag us @JDRFNJmetro with #WDD19.

November 16: Outreach Committee Meeting

Our dedicated Outreach Committee volunteers come together for a meeting to start planning our 2020 TypeOneNation Summit. Save the date – this year's event is on Saturday, March 7! For more information on our Outreach Committee, please contact Shannon Dutton.

November 19: Ocean County Adult Networking Group

Ocean County, NJ

Looking to connect with other adults living with T1D? Join us for our Ocean County Adult Networking Group!

November 23: Parents Supporting Parents

Starbucks, Freehold, NJ

Parents of kids with type 1 diabetes (T1D) are invited to join our first Parents Supporting Parents group! There is currently no agenda, just an opportunity to come together to share experiences and support with one another.

November 23: Seton Hall Basketball Game

JDRF and Seton Hall are joining forces to stomp out T1D at the November 23 Seton Hall basketball game. Follow us on <u>Facebook</u> to learn more about tickets and game information when it becomes available!

November 25: A Day in the Life – Type 1 Diabetes Day

<u>Securing legislation to make the Monday before Thanksgiving</u> "A Day in the Life – Type 1 Diabetes Day" brings us another opportunity to bust myths and raise critical awareness. How will you help raise awareness and celebrate the 2nd annual day in NJ? Check out last year's highlights <u>here</u>.

November 26: Adults with T1D Networking

Panera Bread, Manalapan Township, NJ

Looking for an opportunity to network with other adults with T1D? Whether you were diagnosed yesterday or twenty years ago, join us for dinner or a drink and connect with other adults living with T1D.

View a full list of JDRF and community events on our <u>Calendar of Events</u> or follow us on social.





