Set Your Mileage & Fundraising Goal!

What will your My Ride be?

There is no limit to the miles you can Ride or the creativity of your story. To help you decide on your distance, below are a few JDRF My Ride ideas that will inspire your donors to support you.

Use the T1D Footprint.

Visit our <u>I'm the Type</u> page and fill out the T1D Looks Like Me Footprint. Based on diagnosis date and management, it will provide statistics around the impact T1D has on daily life.

For example: Since diagnosis, Nevaeh required T1D for 1,083 days, so I will ride 1,083 miles over the course of the month to drive awareness and fund research for a cure for T1D.

Divvy up the mileage.

If you want to ride 100 but not sure if you can go the whole way, divvy up the mileage between four family members or teammates— collectively you ride 100, but individually you ride 25 miles!

Ride the length or width of your state - 70 or 166 miles.

Depending on the mileage, this challenge can be completed in a day, a week or a month. New Jersey spans 70 miles at its widest and 166 miles in length! And remember; your ride can be accomplished in one day, in one week or over a couple months.

Select a century ride

You can choose to ride a quarter century (25 miles), half century (50 miles), metric century (62 miles) or a full century (100 miles). The choice is up to you!

If the ideas we offered don't spin your wheels, then simply come up with your own idea and do some research online to calculate the distance... then set your ride goal from now until October 3!

What will your fundraising goal be?

Sweat your route, not your fundraising! While there are no fundraising commitments in 2020, we encourage each participant to set a fundraising goal to help inspire their fundraising efforts.

Participants will not be held to their fundraising goal but will be encouraged to hit, or surpass, their goal through <u>incentives!</u>

So go ahead: set a goal that challenges you and check out some <u>fundraising ideas</u> to kick things off!!

