



NORTHERN CALIFORNIA CHAPTER

JDRF TypeOneNation Summit

SPEAKER BIO'S



Dr. Marina Basina is a Clinical Professor at Stanford University Medical Center, Division of Endocrinology, Gerontology, and Metabolism with a special clinical and research interest in type 1 diabetes, diabetes technology, and diabetes in pregnancy. She has a busy clinical practice at Stanford Hospital and Clinics seeing patients in both inpatient and outpatient settings. She serves as medical director of inpatient diabetes service at Stanford. Dr Basina received numerous teaching awards and a Stanford Hospital award for excellence in patient care, as well as a Master teacher award.

She is an active member of medical advisory board for several community type 1 diabetes organizations, gives educational talks for patients on a regular basis, Data Science Committee chair of Type 1 Diabetes Exchange, and JDRF Physician Council Member.



Dr. Beth Braun is a health psychologist specializing in diabetes management, nutrition, and behavior modification for over 25 years. In her private practice she works with adults and children faced with diabetes burnout, anxiety, depression. She works closely with JDRF, ADA and several diabetes camps running support groups and integrating body and mind wellness. She is active on the Safe at School advocacy team for ADA. Dr Braun is the Director for KidShape, a family-based wellness program. There she helped develop curriculum to create healthy lifestyles and fight type 2 diabetes and pre-diabetes in children. She was featured in media including Newsweek magazine, Oprah, and 20/20. Dr. Braun has lived with type 1 diabetes for 47 years and started her volunteer work with diabetes as the poster child for Philadelphia JDRF. She knew since she was a teen that she wanted to help people with the emotional challenges of diabetes.



Dr. Roy Collins is currently Chief Resident of Psychiatry at Stanford University. In A former Yale Varsity Football Letterman and Ivy award winner, Dr. Collins now combines both his experience as a collegiate athlete and as a mental health professional in the arena of sports psychiatry and the intersection of mental wellness and performance. In addition to his training at Stanford, Dr. Collins oversees the social media presence and hosts the official podcast for the International Society for Sports Psychiatry. Dr. Collins was diagnosed with type 1 diabetes at the age of 13, which became one of the main motivators for studying the field of medicine. As a Diabetes Advocate, he is involved with helping others with T1D manage their glycemic control through exercise. Today, he continues to explore the intersection of chronic illness and mental health. Dr. Collins works on diversity and social justice initiatives in order to recruit more future physicians of underrepresented backgrounds into medicine. He currently serves as the Chair of the GME Diversity Committee at Stanford Health Care.



Dr. Larry Fisher, Ph.D., APBB, at UCSF. Dr. Fisher's primary research activity addresses the social, behavioral, self-management support and care system factors that affect the management of both type 1 and type 2 diabetes among adults through the Behavioral Diabetes Research Group in the Department of Family & Community Medicine at UCSF. In collaboration with a multidisciplinary group of medical, developmental, and methodological specialists in our program, Dr. Fisher has been studying how to address behavioral change, weight loss, medication adherence, disease management, and particularly depression and distress among type 1 and type 2 adults. New projects test active interventions in primary care to re-configure panel management, outreach and care delivery to patients with chronic disease. Our studies include longitudinal observational studies and active multi-arm interventions around behavioral change and implementation support for primary care system innovations.



Stephen E. Gitelman, MD, is Professor of Clinical Pediatrics at the University of California School of Medicine in San Francisco, California. He is Chief of the Pediatric Endocrinology and Diabetes Division, and holds the Mary B. Olney, MD / KAK Distinguished Chair in Pediatric Diabetes and Clinical Research. He is an active member of the Madison clinical care team, but also spends a great deal of his time as a clinical and translational researcher. He is primarily involved in clinical trials with immuno-therapies to alter the natural course of type 1 diabetes— studies to screen and predict risk for diabetes; to prevent diabetes from occurring in those found to be at risk; to preserve insulin producing beta cell function in those with recent onset disease; and to replace beta cells in those with long-standing disease.



Leah Groppo, MS, RD, BC-ADM, CDCES, is a diabetes educator and senior clinical dietitian in Stanford's Endocrinology Clinic and Diabetes Care Program. Leah has experience counseling patients on how to achieve their health goals, interpret pump and cgm data focused on customized diabetes management. At Stanford, she teaches diabetes education classes, attends one-on-one appointments, teaches fellows and medical students and mentor's interns. Leah is board certified in advanced diabetes management.



Rayhan Lal, MD, is an adult and pediatric endocrinologist at Stanford. Rayhan grew up in the California Bay Area. He has had type 1 diabetes for several decades. His two sisters were enrolled in DPT-1, and were found to be antibody positive. He studied electrical engineering and computer science at U.C. Berkeley. During this time, his two younger sisters developed type 1 diabetes. To help all his brothers and sisters with diabetes, he decided to pursue clinical medicine at the University of California, Davis. Rayhan could not decide whether to take care of children or adults with diabetes and so did both. He completed a four-year residency in internal medicine and pediatrics at the University of Southern California, working at Los Angeles County Hospital, followed by a four-year fellowship in adult and pediatric endocrinology at Stanford. As an engineer and physician-scientist with diabetes, his primary research interest is the design, development and testing of new diabetes technology and therapies. Rayhan collaborates with members of the Stanford Diabetes Research Center, industry, and open-source diabetes community to bypass the biological, technological, and human factor limitations of existing devices.



Alex Marson is Director of the Gladstone-UCSF Institute of Genomic Immunology and Professor in the UCSF Department of Medicine, Division of Infectious Diseases. He serves as the scientific director for Human Health at the Innovative Genomics Institute (IGI) and is a member of the Parker Institute for Cancer Immunotherapy and a Chan Zuckerberg Biohub investigator. Work in Dr. Marson's lab aims to understand the genetic programs controlling human immune cell function in health and disease, with an emphasis on developing and applying CRISPR genome engineering tools to primary immune cells, especially T cells. Combining genomics and gene editing approaches, the lab works to assess the consequences of coding and noncoding genetic variation on immune cell function and autoimmune disease risk and to genetically engineer human immune cells to target cancer, autoimmunity, and infectious diseases.



Aaron Turner-Phifer is the Director, Health Policy at JDRF. He has over a decade of experience advising and crafting public policy at the federal, state, and local levels. Turner-Phifer has experience working on health care quality initiatives and public policy that impacts prescription drug benefits, commercial insurance markets as well as Medicare, Medicaid, and Health Insurance Marketplace enrollees. He is an expert political and policy analyst with a unique understanding of the dynamics associated with the development of health care policy. He achieved his Master of Health Administration degree from the George Washington University.



JoAnne Robb, MFT, lives diabetes every day. In addition to working as a therapist in a private practice with a focus on T1D, two of her three children have type 1. She is passionate about helping parents of kids with type 1 and created a coaching program — called Diabetes Sweet Talk — to help give these parents a leg up on their diabetes journey and support them in getting to calm. Under the Sweet Talk umbrella, she has a weekly podcast and free webinars to provide tools for living a better life with diabetes. In addition to her work with T1D, she is a certified EFT couples therapist and a level II AEDP clinician. On her morning walks, she likes to search for secret staircases in her neighborhood.