



Thursday, May 2, 2019 7:00PM- 8:30PM 500 Commack Road Commack

RSVP by April 26 to Betsy Paffmann, Senior Outreach Manager bpaffmann@jdrf.org or 631-768-3389

## JOIN JDRF FOR AN EVENING OF EDUCATION AND NETWORKING! Traveling with T1D New York City/Long Island Chapter

It's almost here: vacation season!

Whether you're hitting the road or flying halfway around the world, let us help you plan well for a healthy and hassle-free trip with T1D!

Dr. Marina Charitou, will share tips and how-to's for stress free travel. The key to an amazing getaway is all about preparation and this program will help ensure your travels go smoothly.

With careful planning and consideration you can explore all the places you want to!

JDRF is the leading global organization funding type 1 diabetes (T1D) research. JDRF's goal is to progressively remove the impact of T1D from people's lives until we achieve a world without T1D.

Join JDRF in turning type one into