



- 1**—November, National Diabetes Awareness Month Begins! #NDAM #JDRF
  - WoodmenLife Tower Lit **BLUE** for Type 1 Diabetes (T1D) Day #T1Day #LightWoodmenLifeTower
  - T1DLooksLikeMe (all year long!) #T1DLooksLikeMe
  - T1D Footprint (all month long!)—Share how T1D impacts you or your loved ones daily life. Visit: [Jdrf.org/t1dlookslikeme](http://Jdrf.org/t1dlookslikeme)
  - #T1DayInTheLife Takeover (all month long!) on @JDRFHQ Instagram
  - City of Council Bluffs proclaims November 1st as Type 1 Diabetes Day #T1Day
- 7**—Beta Cell Podcast NDAM Special #1—Sending your child with T1D to school featuring the Dooley Family. [betacellpodcast.com](http://betacellpodcast.com) #T1DLooksLikeMe
- 8**—Election Day—Sign up to be a JDRF Advocate at [Advocacy.jdrf.org](http://Advocacy.jdrf.org)
- 9**—November as National Diabetes Awareness Month Proclamation at the State Capitol Building, 10:00 a.m.
- 11**—JDRF Night with the Omaha Lancers, 7:05 p.m. Puck Drop—For the special JDRF ticket price visit: [jdrf.org/Omaha/Events](http://jdrf.org/Omaha/Events)
- 14**—WoodmenLife Tower Lit **BLUE** for World Diabetes Day #WDD #LightWoodmenLifeTower
  - Beta Cell Podcast NDAM Special #2—T1D and T2D are connected through research featuring JDRF Chief Mission Officer Aaron Kowalski. #T1DLooksLikeMe
  - Diabetes Health Fair, 1:00 p.m. to 4:00 p.m., Barbara Weitz Community Engagement Center at UNO
- 21**—Beta Cell Podcast NDAM Special #3—The importance of disease awareness featuring Jessie Bear (misdiagnosed with T2D as an adult). #T1DLooksLikeMe
- 24**—JDRF featured in *USA Today*
- 25**—JDRF featured in *USA Today*
- 28**—Beta Cell Podcast NDAM Special #4—Being active with T1D featuring two athletes living with T1D: Jordan Morris and Will Pericak. #T1DLooksLikeMe

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