

CORE PROGRAMS—SESSIONS & SPEAKERS

8:00 am

Registration Opens and Exhibitor Fair

9:00-9:50 am

Room:
Montlake/Pioneer
Square

**JDRF, T1D, and
All of Us: A Volunteer
Family's Journey in
T1D Land**

**Moira McCarthy
Standford**

Moira McCarthy and her family have been involved with JDRF since their youngest child, Lauren Stanford, was diagnosed 20 years ago. She'll share her story of hope, action and positive living on the road to a cure.

9:50-10:00 am

Break with Exhibitors

10:00-10:50 am

Room:
Queen Anne Room

**Diabetes is a
Backseat Driver!**

**Julie Schliebner,
MSW, LICSW**

**Jessica Koppy,
MSW, LICSW**

Seattle Children's Hospital—
Diabetes Clinic

Let's talk about the impact of diabetes on life, what it looks like at different developmental stages and how it can lead to burnout in youth and caregivers. Jessica and Julie will share some tools for coping and resources.

10:00-10:50 am

Room:
Capitol Hill Room

**Sweet Connections:
The Realities of
Relationships
and T1D**

**Heather Nielsen,
LPC, CHWC**

All of us affected by diabetes know that it impacts — and is impacted by — our relationships. Today's honest and real talk reviews many areas of impact and offers solutions and practices to improve all of our sweet connections -with ourselves, our loved ones, and our diabetes!

10:50-11:00 am

Break time with Exhibitors

11-11:50 am

Room:
Queen Anne Room

PNW T1D Research

**Dr. Irl B. Hirsch,
MD, MACP**

Professor and Diabetes
Treatment and Teaching Chair
University of Washington
School of Medicine in Seattle

**Don Matheson,
Dose Safety Co-Founder**

Dr. Hirsch's research has focused on new therapies and technologies for the treatment of both type 1 and type 2 diabetes, but most of his recent work has been with type 1 diabetes. He has also been interested in how glucose variability may be an independent risk factor for diabetes complications.

Dose Safety has developed an iPhone-based fully automated closed loop (FACL) artificial pancreas investigational system with hybrid closed loop (HCL) capabilities. The presentation will cover a) an overview of the system from the engineering perspective, b) the fuzzy logic dosing algorithm design, and c) clinical results to date and clinical studies planned.

11-11:50 am

Room:
Capitol Hill Room

**Diabetes and the
Workplace (Know
Your Rights)**

**Lauren Parris Watts,
Helsell Fetterman LLP Partner**

Learn more about your rights as a T1D in the workplace. Lauren Parris Watts, Partner at Helsell Fetterman LLP counsels clients on a variety of issues, including compensation and severance agreements, non-competition and non-solicitation restrictions, disability accommodations, FMLA and other leave rights and misconduct investigations. She also represents her clients in lawsuits alleging wrongful termination, sexual harassment, retaliation and discrimination.

CORE PROGRAMS—SESSIONS & SPEAKERS

12:00 pm

Lunch and Exhibitor Fair

1:00-1:50 pm

Room:
Queen Anne Room

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1:00-1:50 pm

Room:
Capitol Hill Room

Diabetes Camps and Retreats: Changing Lives One Meet Up at a Time

Kelsey Tullis
Chris Dudley Basketball Camp

Jamie Elzea
Connect1D

Lonzell Johnson
Camp Leo

Come learn about the importance of camps, retreats, and connecting with the T1D community! This is a unique opportunity to hear from three incredible non-profits working hard to promote fun, active, supportive spaces for people with T1D of all ages.

1:50-2:00 pm

Break time with Exhibitors

2-2:50 pm

Room:
Queen Anne Room

T1D and Exercise: Tips and Tricks

Eric Tozer
Co-Founder of the Diabetes
Sports Project

Jude Restis
JDRF Ride Coach

Learn some tips and tricks from two experts in the T1D exercise field. Whether you are an experienced athlete, looking to get into the game, or wanting to support a loved one- there is something for everyone!

2-2:50 pm

Room:
Capitol Hill Room

Life Beyond the A1c

Annie Shultz
Benaroya Research Institute

Be inspired! Hear from local T1D advocate, role model, and T1D guru Annie Shultz. Annie will talk about living beyond the A1c, research, and her personal story.

2:50-3:00 pm

Break time with Exhibitors

3:00-4:00 pm

Room:
Montlake/Pioneer
Square

Thriving with T1D Panel

**Moderated by
Dr. Irl B. Hirsch**

Thriving with T1D is an opportunity to hear from fellow T1Ds, their stories and their perspectives on different topics.