

T1D Support Groups in Southwest Ohio

Whatever age or stage you're at with type 1, you will find practical support, timely information, and a passionate and powerful camaraderie through the type 1 diabetes community.

Below are local support groups that would love to connect with you and your family.

Forever US

T1D Families is a NKY area based support group for families with children living with T1D. The group's goal is to bring together families to share experiences and information, learn from each other, and have fun. Diabetes impacts your whole family so everyone is always welcome to attend these meetings. Membership to the Facebook group is limited to those located in or near the NKY area and over 18 years of age.

Contact: Michelle Adamson

Facebook Page: Forever US T1D Families

Location: Varies, check the group's Facebook page for details

Meeting Dates: 3rd Thursday of each Month

Friends of T1PP (Type 1 Pupils & Parents)

Friends of T1PP is a place for family, friends and students of local schools affected by T1D to go for information, support, and an empathetic ear. It is our hope that through sharing our stories, experiences, trials and tribulations we can help each other and enhance our children's lives and education.

Contact: Amy Maggard, amy.maggard@gmail.com

Facebook Page: Friends of T1PP (Type 1 Pupils & Parents)

Location & Meeting Dates: Varies, check the group's Facebook page for details

NKY Type 1 Troopers

NKY Type 1 Troopers is a type 1 diabetes support group for parents and families in the Northern Kentucky area. Our purpose is to offer a forum for T1D families to share ideas, strategies, resources, questions and information on T1D management.

Contact: Angie Wright, 859-802-5216, angiewright@twc.com

Facebook Page: NKY Type 1 Troopers

Location & Meeting Dates: Varies, check the group's Facebook page for details or e-mail Angie Wright

Ohio River Valley T1D Support Group

This group is based in Portsmouth, Ohio and is open to children, adults and families.

Contact: Malissa Sarver, 740-991-1430

Facebook Page: Ohio River Valley T1D

Location: Lower lobby of King's Daughters Medical Center Ohio

Meeting Dates: Varies, check the group's Facebook page for details

Taking on Type 1 Together

Taking on Type 1 Together is based on the east side of Cincinnati and its purpose is to provide an uplifting, casual atmosphere for parents of Type 1 kids, and to share resources, strategies for home and school, and social opportunities with the goal of moving forward in the daily management of T1D. The group is open to adults only, with occasional events for families.

Contact: Tracy Huebner, tracy@zimcom.net or 513-470-6788

Facebook Page: Taking on Type 1 Together

Location & Meeting Dates: Varies, check the group's Facebook page for details or email Tracy

T1D Families for Families

T1D Families for Families is a west-side Cincinnati area based support group for families with children living with T1D. The group's goal is to bring together families to share experiences and information, learn from each other, and have fun. Diabetes impacts your whole family so everyone is always welcome to attend these meetings. Membership to the Facebook group is limited to those located in or near the Tri-state area and over 18 years of age.

Contact: Marianne Dressman

Facebook Page: T1D Families for Families

Location: Varies, check the group's Facebook page for details

Meeting Dates: 3rd Wednesday of each month

T1D Support - Lima, OH

This group is to provide support to T1D families in the Lima, OH and surrounding areas. We welcome parents, caregivers, and T1Ds looking to build up their support system.

Contact: Sara Harrod, 419-604-9406 (call/text)

Facebook Page: T1D Support - Lima, OH

Location: Varies, check the group's Facebook page for details

Meeting Dates: 3rd Thursday of each month, check the group's Facebook page for details

Type One Kids Play Group

Type One Kids Play Group is a northern Cincinnati area based support group for families with children living with type 1 diabetes. The group meets for monthly play dates that include their T1D heroes and families.

Contact: Lindy Mathes, lindymathes@hotmail.com & Jenn Mosier, (jennrmosier@gmail.com)

Facebook Page: Type 1 Kids Play Group

Location & Meeting Dates: Varies, check the group's Facebook page for details

Type One Support for Greene County & Beyond

Type One Support for Greene County and Beyond is a support group based in Greene County Ohio for families and adults affected by Type One Diabetes.

Contact: Melissa Litke, melissaalitke@gmail.com

Facebook Page: Type One Support for Greene County and Beyond

Location & Meeting Dates: The group meets on the third Thursday of the month at various locations. See the group's Facebook page or contact Melissa Litke for more information

Type One Teens

This group is based in Cincinnati and meets monthly. Meeting updates and event postings are made via the group's Facebook page and website. Type One Teens was created to connect teens with T1D in a fun, social environment and to provide an environment where teens can share and have fun. This group is open to teens only, with and without T1D.

Contact: Hadley George, 513-377-1531

Facebook Page: Type One Teens

Website: typeoneteens.com

Location & Meeting Dates: Varies, check the group's Facebook page for details

Warren County T1D Warriors

This group is based in Warren County and hosts monthly meetups for people with T1D and parents of kids with T1D. Meetings will be family friendly and typically include a guest speaker or topic of discussion to help with T1D management. The main goal of the group will be to connect local area T1D families so we can be a support system for one another.

Contact: Elizabeth Sako, lizsako@gmail.com

Location & Meeting Dates: Varies, contact Elizabeth Sako for more details about upcoming events. Meetups will be throughout Warren County, OH

JDRF Southwest Ohio Support Group Map

★ EXISTING SUPPORT GROUPS

1. Forever US
2. NKY Type 1 Troopers
3. Ohio River Valley T1D Support Group
4. Taking on Type 1 Together
5. T1D Families for Families
6. T1D Support - Lima, OH
7. Type One Kids Play Group
8. Friends of T1PP (Type 1 Pupils & Parents)
9. Type One Support for Greene County & Beyond
10. Warren County T1D Warriors

★ NEW SUPPORT GROUP OPPORTUNITIES COMING SOON

1. Oxford
2. Beavercreek/Centerville

★ CDN (COLLEGE DIABETES NETWORK) CHAPTERS

1. University of Dayton
2. University of Cincinnati
3. Miami University

