WALK DAY SCHEDULE

8:00AM - GATES OPEN

Check-in and confirm registration with us at the Morgan’s Wonderland Welcome Center and drop off your T-Shirt for the team t-shirt contest! If you are a V1P, there will be a designated line for you to enter the V1P Experience! If you qualified for the Team Village, you can head to your tent!

8:00AM-9:30AM WALK DAY FUN!

Join us for fun, food, games, and music! Stop by the JDRF Mission & Advocacy Tent, New Family Area, Teen Zone, Adults with T1D Area, Exhibitor Hall, food tents, and more! Enjoy the theme park rides! The rides will be open until 9:30 AM and will reopen after the opening ceremony. If you are a V1P – experience the V1P area with exclusive perks and prizes!

9:30AM-10:00AM RIDES PAUSED

9:30AM-9:50AM OPENING CEREMONY T1D PARADE

Head over to the Starlight Amphitheater for our opening ceremonies before we kick off the walk! Our program will include the T1D Parade where we celebrate all those who are living with T1D to remind us why we walk!

10:00AM - RIBBON CUTTING & WALK BEGINS!

Our MC and Grand Marshall will count us down with the top new family team and will cut the ceremonial ribbon to officially start the walk! Enjoy your walk with your team and keep an eye out for the Smiles of Hope!

10:30AM-1:00AM WALK DAY FUN CONTINUES!

After the opening ceremonies and walk start, continue to enjoy the theme park rides, tents, vendors, entertainment, food, and more! The T-Shirt contest winners will be announced when teams have returned from their walk! The walk site will close at 1 PM.
WHAT’S NEW?
Check out all the new additions we have for the 2023 JDRF San Antonio One Walk!

T1D PARADE
As part of the opening ceremony, we will gather ALL our T1D champions together to parade during our opening ceremony at the Starlight Amphitheater. We will be recognizing all T1D champions by how many years they have had T1D and cheer them on! Stay tuned for more details about how to register to participate!

TEEN ZONE
Our Southern Texas JDRF T1D Teen Group has been a huge success this year and to celebrate our teens, we will have a new Teen Zone with fun activities and incentives! This area will connect teens that have a T1D connection, whether they have T1D or support someone with T1D! Stay tuned for more details. If you have a teen with T1D, please use the QR code on the cover page to complete the Teen Outreach Form.

ADULT ZONE
You asked, and we listened! Not only do we have T1D adults that were diagnosed as a child, but our community also serves those who were diagnosed as adults. In addition, this includes the T1Ds’ support system: parents, spouses, friends, co-workers, etc. We are excited to be having an area that focuses on diversity within the adult community! Stay tuned for more details.
To make your walk day experience a great one, we have several activities and experiences for you and your team to enjoy!

**WHAT TO EXPECT...**

**NEW FAMILY AREA**

Are you a newly diagnosed family or an individual? Is this your first time at the One Walk as a T1D? Come check out our New Family Area where you can learn about how JDRF South Central Texas can support you, what events are coming up in your area, and how to get involved with JDRF! We will have some JDRF merchandise exclusive to those who are newly diagnosed and/or new to the JDRF One Walk!

**FOOD & BEVERAGE**

We will be providing food and beverage options from our local partners that are free of charge to you and your walk team. We will also have “Low Stations” around the park to support T1Ds having a low blood glucose event. Morgan’s Wonderland does allow you to bring food into the park as well. Stay tuned for more details.

**ACTIVITIES**

All active Morgan’s Wonderland attractions will be available to all participants starting at 8 AM, with a break from 9:30 – 10 AM, and resuming operation after the opening ceremonies. There will be activities located in our Teen and Adult areas as well.

**EXHIBITOR HALL**

Walk down to the Exhibitor Hall to discover new T1D technology, therapies, and more! Our Exhibitors will be able to educate you on current and upcoming T1D products and answer any product questions that you may have. Check out our One Walk website to see who is coming to our Exhibitor Hall this year!
$250+
SMILES
OF HOPE

Celebrate your T1D champion with a custom yard sign!
Each sign is placed out on the walk route and includes a custom photo of your loved one with T1D.
Deadline to submit picture is October 30th.

TEAM
VILLAGE

Our top 15 returning teams, and our top 5 new family teams (as of October 30th) will earn a spot in team village!
Team Village will include a 10x10 tent, a reserved table, chairs, and more!
Decorate your tent to enter into our TENT CONTEST!

T-SHIRT
CONTEST

Enter your custom team t-shirt (by November 3rd) into our contest! Your design will be posted on the JDRF SCTX page where each like will count as one vote. On walk day, bring your team t-shirt to a JDRF table to be displayed and walkers can continue to vote.
The winner will be announced once the walk route is completed.
Every individual walker who raises $100+ can receive a 2023 One Walk t-shirt!
All registrants will receive an e-mail once they hit the $100 level.

After Walk Day, we’ll keep the excitement going with awesome prizes! Every walker who raises $500+ will receive a fundraising catalog to redeem a prize of their choice.
Visit your participant center for additional details.

Every walker who raises $1,000+ will earn V1P status and receive this year’s exclusive V1P gift!
You will also receive exclusive access to the V1P tent with your V1P badge and lanyard.
The JDRF One Walk experience celebrates the T1D journeys and the hard work that is accomplished by T1Ds along with their support team. We also want to celebrate the fundraising efforts driven by individuals and teams that continue to provide resources for T1D research for advancements and a cure!

Whether this is your very first One Walk or you’re a One Walk pro, check out these tips and tricks to get your team off and running. We’ve outlined some fundraising ideas but you can ABSOLUTELY create your own. One Walk is all about finding a plan that works for your team.

**FUNDRAISING TIPS & TRICKS**

- **Show your commitment!** Make your own donation of $50, $100 or more. Customize your personal fundraising page in your JDRF One Walk Participant Center and find all the tools you need for fundraising success, including reaching out on social media.

- **ASK** five family members, local businesses, and/or coworkers for $25 each. Helpful Tip: Send requests from your Participant Center to give people a secure way to make a credit card donation. We’ve provided sample fundraising letters in your Participant Center to help you!

- **ASK** five people you know from your extracurricular sports team, child’s school, or place of worship to donate $20 each.

- **Turn it around!** ASK someone whose cause you have supported for $25 or more.

- Work your social network and you will easily raise $150. Reach out through Facebook, Twitter, Instagram, and any other social media you use to let people know why you’re participating in JDRF One Walk. Make it personal. And be sure to use your Participant Center to create a Facebook Fundraiser!
SCHOOLS

Engaging your school is a great way to recruit team members, have the school support your child with T1D, and increase fundraising!

SPIRIT DAYS

Show your school spirit and raise funds! Students and staff make a donation of $1, $3 or $5 (or any amount you decide) and participate in dress up days like:

- Dress in blue day (blue symbolizes Diabetes Awareness)
- Sports day
- School colors day
- Crazy hat day
- Silly sneaker day
- Pajama day
- Superhero day
- Storybook character day

HAVE A SALE

“Sell” tutoring, handmade crafts, babysitting, or other chores like cutting grass, or raking leaves. This fundraiser is great for high school students!

Host a school garage sale—families bring their things to the school parking lot, and all proceeds are donated.

The Classics - These tried-and-true fundraisers are sure to raise valuable research dollars: Bake sale or a Car wash

CREATE A “THON”

Have some fun & reach a fitness or academic goal! Select your “thon” and set your goal (e.g. number of hours danced, number of books read, number of laps, etc.). Students ask for pledges for each hour they dance, each book they read, each lap they complete, etc.

- Dance-a-thon
- Zumba-thon
- Read-a-thon
- Bike-a-thon

EXTRA CREDIT: Create a little friendly competition between classrooms and offer a special reward!

PASS THE CAN

This is so fun to do at any sporting event where you will have adults and students seated. Pass the can around the stands. Make an announcement that the funds are going to JDRF.

EXTRA CREDIT: Ask the competing team to pass the can at the same time to see who raises the most at the event.
Engaging your employer is a quick and easy way to recruit team members and increase fundraising! If you have any questions and/or would like additional support, please feel free to contact a JDRF staff member; their contact information is at the end of this packet.

Here are a few quick and easy ways you can involve your employer:

Ask your company if they would be interested in sponsoring the event. Sponsorship opportunities range from $1,000 - $25,000, and it can all be credited to your team fundraising!

The Financial Impact

Statistics estimate for a company with 1,000 employees:
- 20 have diabetes
- 29 are undiagnosed
- 257 employee family members have diabetes
- $1,384,800 is the average annual cost of diabetes for the company

Utilize any matching gift program your company offers & encourage your colleagues to as well

Ask your colleagues to join your team!

Does your company offer any sort of community volunteer program? This is a great way to engage. Many companies offer employees several paid hours to volunteer at events.

Sell paper sneakers around the office for quick & easy fundraising. A JDRF Staff member can supply the materials free of charge!
We have partnered with Bonfire to help you design custom One Walk team shirts and, in addition, will help you raise funds toward your goal! From the participant center, Bonfire can help you to create a design, launch your t-shirt fundraiser, and share the link with your team members and friends. Bonfire will print and ship all items directly to your supporters in time for walk day - while all funds raised get accredited to your fundraising efforts!

From your One Walk Participant Center, click the button “Get started with Bonfire.” Select customize a JDRF One Walk template or design your own. Sign up with Bonfire to log in and start designing your shirt!

If using a template, click on “Team Name” and edit text. If designing your own, click find graphics and use the design tools or upload your own art. Click next to pick your styles and colors.

Set the selling price. You’ll see the recommended price first. Adjust prices to fit your needs. You can see an estimate of how much your team could raise. Click next.

Set the time people have to order. Pick “fundraiser” to describe your campaign. Click next. Create a title and add a personal message to customize your page. Click next, then confirm and launch. You can now share your url so people can order your shirt!
At JDRF, we work tirelessly to accelerate breakthroughs to cure type 1 diabetes (T1D) and improve the lives of those living with the disease. We continually expand our scientific knowledge, our connections and collaborations, our partners, and our global presence to unlock the science that will stop T1D.

While we fight for cures, together with you, we strive just as hard to develop therapies to help people right now. JDRF and our team of scientists are leading T1D research around the world. No organization is making a bigger impact on advances in this field. Check out our top advancements section to see your dollars at work!

2007

JDRF funds lab setup for world famous materials engineer Robert Langer, Sc.D., to persuade him to work in the type 1 diabetes (T1D) sphere developing novel biomaterials for beta cell encapsulation. This is just one example of JDRF's ability to bring "new blood" to T1D research.

2014

JDRF-backed Harvard researcher Doug Melton, Ph.D., develops breakthrough protocol for rapidly converting human stem cells into insulin-producing beta cells in the lab, a step toward overcoming the scarcity of islet cells available for beta cell replacement therapies.

2014

FDA approves the Dexcom Share, funded in part by JDRF, which enables people to share their CGM data with family members.

2016

FDA approves the first hybrid closed loop AP system to automate dosing of insulin.

2017

Researchers identified a way to interrupt the body's immune response to implanted medical devices. This could allow infusion sets, sensors for CGMs, cell encapsulation containers and other devices to work better for longer periods of time.
WALKING FOR A CURE

2017

JDRF funded the CONCEPTT trial, which stands for Continuous Glucose Monitoring in Women with Type 1 Diabetes in Pregnancy Trial. The clinical trial showed that using a CGM during and prior to pregnancy improves the health outcomes for both mothers and babies.

2019

The FDA authorized an algorithm that enables the second artificial pancreas system: The Tandem Control-IQ™ advanced hybrid closed loop technology. It’s the first algorithm that can be a component of any open protocol, or interoperable, artificial pancreas system.

2019

ViaCyte, a beta cell replacement company long supported by JDRF, showed—for the first time ever—that its PEC-Direct therapy helps people with T1D produce insulin again.

2020

T1Detect, JDRF’s general population screening program, launches. With one blood test, anyone at any age can find out—before symptoms even occur—if they are at risk for developing T1D.

2021

JDRF announces the launch of Centers of Excellence to solve the riddle of the body rejecting stem cell-derived beta cells through immune modulation and gene editing.

2022

The U.S. Food and Drug Administration (FDA) approves teplizumab, under the brand name Tzield, for use in delaying the onset of T1D in at-risk individuals.
FAQs

HOW WILL I TURN IN MY CASH & CHECK DONATIONS?

If you have checks, please mail them to:
JDRF Southern Texas
1776 Yorktown
Ste. 560
Houston, TX 77056

Please include a note with your team name, and what participant to credit the donation to (if applicable).
If you have cash, we suggest you convert it to a check and mail it to the office. If you are unable to convert to a check, please contact a JDRF staff member to schedule a cash drop-off.
PLEASE DO NOT BRING CASH OR CHECKS TO THE WALK.

HOW DO I CONNECT MY FUNDRAISING PAGE TO FACEBOOK?

Connecting to Facebook is simple! Once you register your team, you will be prompted to customize your page. You can follow the step by step instructions - and your participant center will ask you to connect to Facebook. Simply hit the button that says "Connect to Facebook" and follow the prompts. You can also reference your Participant Fundraising Toolkit for more instructions!

IS PARKING FREE ON WALK DAY?

Yes, parking is free on walk day! There will be multiple parking lots around Morgan’s Wonderland and around Toyota Field. We will have volunteers and signage to help direct parking on Walk Day. If you are a V1P, you will have reserved parking.

ARE PETS ALLOWED TO ATTEND?

Per Morgan’s Wonderland policy, the only pets allowed to enter the event are service animals.

ARE THERE RESTRICTIONS TO DECORATIONS AND PROPS?

Morgan’s Wonderland is a latex-free park, so please no latex balloons. You are more than welcome to bring Mylar (foil) balloons. Examples of appropriate decorations include posters, streamers, paper decorations, and tablecloths. If you have any questions about decorations and props, please reach out to a JDRF staff member.