

TYPE 1 DIABETES (T1D)

WARNING **SIGNS of T1D**

HEADACHES  **WEIGHT LOSS** 

EXTREME THIRST  **INCREASED APPETITE** 

FREQUENT URINATION  **FRUITY BREATH ODOR** 

FATIGUE AND WEAKNESS  **RAPID DEEP BREATHING** 

BLURRY VISION 

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About T1D

Type 1 diabetes (T1D) is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone people need to get energy from food. T1D strikes both children and adults at any age and suddenly. Its onset has nothing to do with diet or lifestyle. Though T1D's causes are not yet entirely understood, scientists believe that both genetic factors and environmental triggers play a role. There is currently nothing you can do to prevent it, and there is no cure.

JDRF works every day to change the reality of this disease for millions of people — and to prevent anyone else from ever knowing it — by funding research, advocating for government support of research and new therapies, ensuring new therapies come to market and connecting and engaging the T1D community.

Learn more at jdrf.org.