



world diabetes day

**FREE Health Screenings: 10am – 1pm**

Blood Sugar, Cholesterol and Blood Pressure

**Celebrity Chefs Will Be In Attendance**

They will be providing diabetes friendly dishes!!!

**Key Note Speaker**

**Kendall Simmons, Former NFL Pittsburgh Steeler**

Kendall speaks to people with diabetes across the country to let them know that the disease can be managed. Diagnosed in 2003, he continued to flourish as a football player, including a Super Bowl XL win. Kendall hopes that his story can be an inspiration to anyone who is living with or affected by diabetes.



**KNOW YOUR RISK AND GET TESTED! ALL ARE WELCOME!**

**PA State Capitol Building**

**East Wing Rotunda**

**Save The Date: Monday Nov. 14, 2016**

**Event is 10am – 1pm ; Speakers scheduled 11:30am – 12:30pm**

