

Lesli Rumpf



·Hometown: Cambridge, WI

·Graduated UW-Whitewater (Health, Human Performance & Recreation)

•Married to Dave for 7 year

·2 Kids: Kaila (16), Clay (7)

·Works at the School District of Cambridge

JDRF Connections:

My fellow Lake Ripley Ride Coordinator and dear friend, Joe Brady introduced me to the JDRF community

JDRF Rides: 5 total (3 in person, 2 virtual) - 2 LaCrosse, WI, 1 Loveland, CO

JDRF Coach: 2022 will be my 1st year as a coach. I couldn't be more excited to step into this role and can't wait to be on the road again with the JDRF community.

Ride To Cure Journey: After years of working with Joe Brady and hearing about this wonderful ride community, I decided it was time for me to take on a new challenge and I joined the WI Honey Badgers in 2017. I was immediately welcomed into the JDRF community even though I didn't have a direct tie to Type 1. It didn't matter my connection, our goal was the same and getting closer to a cure for Type 1. The more people I met, the more inspired I became. This community is one of strength, support and friendship.

Favorite Ride: In 2019 my, at the time, 14 year old daughter, Kaila decided she wanted to ride with me in LaCrosse and she set a big goal of riding 50 miles. Our first training ride consisted of 6 miles and a fair bit of whining. I wasn't sure what we were in for in LaCrosse, but she was determined. After countless training rides, waking up early (which isn't easy for a teenager) and a new bike, she was ready. Ride weekend was awesome (like they always are) and the weather was perfect. Kaila did an amazing job staying positive and enjoyed riding instead of spectating that year. She completed 58 miles and after we finished she said "Mom, why didn't you tell me...we should have done a few more miles and finished the metric century!" Crossing the finish line with my daughter was so very special. I couldn't be more proud of her!

My 2022 Ride Goals: As a new coach, my goal will be to support, encourage and motivate riders to reach their goals. Whether it is their first ride or their 5th ride, I want to be there for them. Coaching has been a part of my life for over 15 years and I'm so very excited to now have it be a part of my JDRF life.

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