

# August 2022

# Virtual Events

#### Wednesday, August 3 7:00 pm

Spanish TypeOneNation Summit Session: Vivir Bien con DT1 a Todas las Edades y Etapas de la Viday/Living Well with T1D at All Ages & Stages

Link to register: TypeOneNation Virtual Summit en Español 2022 (cvent.com)

La diabetes tipo 1 tiene un impacto diferente según la edad que tengamos. Escucha poderosas y motivadoras historias de nuestros pares con diabetes y cómo lograron hacer frente a los desafíos propios de la adultez temprana al llegar a la universidad y manejar su diabetes de forma efectiva.

Type 1 diabetes has a different impact depending on our age. Listen to powerful and motivating stories of our peers with diabetes and how they managed to cope with the challenges of early adulthood at college and managing their diabetes effectively.

#### Thursday, August 4 6:00pm

TypeOneNation Summit Session: Living Well with T1D at All Ages & Stages

Link to register: TypeOneNation Virtual Summit 2022 (cvent.com)

Join us for this informative panel discussion covering all the stages of life with T1D. Our panel of T1D experts and community members will discuss considerations for children and adults, the transition from teens to adult care, mental health and how to achieve wellbeing at any age.

## Tuesday, August 9 6:00 pm

Sansum Diabetes Research Institute and ADA Returning to School with Diabetes

Link to register: Webinar Registration - Zoom

Hear from experts in the field of diabetes on how to prepare for returning your child to the classroom this fall. Learn how diabetes management needs of students are met so your child is healthy and safe and able to enjoy the same opportunities as their peers. Learn more about the legal protections, 504 plans, training, psychosocial aspects of living with diabetes, and much more!

#### Thursday, August 18 7:00pm

Webinar: No Limits Speaker Series- Food, Nutrition, & Type 1 Diabetes: Using Food & Nutrition as Tools to Better Manage T1D

Link to Register: No Limits Speaker Series Signup: Nutrition - JDRF

Join us to learn about the critical role of nutrition in type 1 diabetes management from the basics of carb counting and label reading to more complex topics, like exercise and low-carb diets.

## Thursday, August 25

Beyond Type 1 Community Table: Research, Tech Updates + Advancements in Diabetes

Link to Register: Community Table (beyondtype1.org)

Tune in to this month's Community Table on Thursday, 8/25, for a conversation around Research, Tech Updates + Advancements in Diabetes.