# Insulin Pumps: Are They Right for You?

## What are potential benefits of using an insulin pump?



Requires fewer injections



Makes giving insulin easier (compared with traditional injections)



Is easy to use when on the go



Has a built-in dosing calculator

### What are other things to consider about insulin pumps?



Setting it up and getting used to it can take some time



It needs to be worn all the time



While using an insulin pump may make living with T1D easier, you will still need to practice daily T1D management (carb count, bolusing, adjusting for exercise, etc.

#### **Available Insulin Pumps**

Medtronic MiniMed 630G System



Medtronic MiniMed 670G System (not in auto mode)<sup>a</sup>



Insulet

**Omnipod System** 

Tandem t:slim X2 Insulin Pump



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Does it need tubing to give insulin?	Yes,	Yes,	No,	Yes,
	tubing connects the	tubing connects the	self-contained pod that	tubing connects the
	pump to your body	pump to your body	does not need tubing	pump to your body
Does it connect to a meter?	Yes, wireless transmission from CONTOUR NEXT LINK 2.4 meter	Yes, wireless transmission from CONTOUR NEXT LINK 2.4 meter	Yes, wireless transmission from CONTOUR NEXT ONE blood glucose meter	No
Does it have a compatible/integrated sensor?	Yes,	Yes,	No,	Yes,
	wireless transmission from	wireless transmission from	but may be used with	wireless transmission from
	Guardian Sensor 3	Guardian Sensor 3	any CGM sensor	Dexcom G6 sensor
Can I customize	Yes,	Yes,	Yes,	Yes,
the insulin bolus	can be set as small as	can be set as small as	can be set as small as	can be set as small as
increment (in case	0.025 (bolus range is	0.025 (bolus range is	0.05 (bolus range is	0.01 (bolus range is
I need less insulin)?	0.05 to 30 units)	0.05 to 30 units)	0.05 to 30 units)	0.05 to 25 units)
Is it water resistant?	Yes, up to 12 feet for 24 hours	Yes, up to 12 feet for 24 hours	Yes, up to 25 feet for 60 minutes for the pod (the PDM is not water proof)	Yes, up to 3 feet for 30 minutes

CGM = continuous glucose monitoring; PDM = personal diabetes manager.

<sup>a</sup>For more details on using the Medtronic MiniMed 670G System in auto mode, please see the guide Automated Insulin Delivery Systems: Are They Right for You?

#### How do I get an insulin pump?

If you think an insulin pump might be right for you, visit <u>DiabetesWise.org</u> for more information about:

- Other people's experiences using different types of pumps
- Key questions to ask your diabetes care team
- Insurance coverage and costs
- Support resources

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