National Diabetes Awareness Month 2023

JDRF FORWARD FOR TYPE 1 DIABETES

Type 1 diabetes (T1D) is a chronic autoimmune condition that causes the pancreas to make very little insulin or none at all. People with T1D are dependent on injected or pumped insulin to survive. While the causes of T1D are not yet entirely understood, scientists believe that both genetic factors and environmental triggers are involved. **THERE IS CURRENTLY NO CURE**.

TYPE 1 DIABETES IS NOT:

The same as **type 2 diabetes**

Caused by **eating too much sugar**

A condition that **only affects children**

Something that can be **cured through lifestyle changes and exercise**

A condition that discriminates: **It affects people of all ages, races and ethnicities**

JDRF is the leading global organization advancing life-changing breakthroughs for type 1 diabetes (T1D) by harnessing the power of research, advocacy, and community engagement. This November, we encourage you to spread awareness for type 1 diabetes and the importance of moving research and breakthroughs forward.

For more information about type 1 diabetes and National Diabetes Awareness Month, visit **jdrf.org/NDAM**.

JDRF IMPROVING LIVES. CURING TYPE 1 DIABETES.

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